



Teen Handout

DreamSA is all about...

- Getting you to think about your goals and dreams to plan for your future.
- Connecting you with community-based programs that help you to reach your goals or discover new interests.
- Emphasizing to you the importance of getting and completing your education, discovering what your talents and interests are, building skills, and improving your health.
- Providing you with accurate and relevant information, so you can make choices that lead to a healthy and productive life.

What is the DreamSA Initiative? www.idreamsa.com

- DreamSA is an initiative that connects San Antonio youth to opportunities to help them reach their dreams (goals).
- Target areas include Careers, Higher Education, Volunteering, Arts, and Health and Well-being.
- For youth between the ages of 12-19 in San Antonio.

What is Project Worth? www.sanantonio.gov/projectworth

- Project Worth is a City of San Antonio, Metro Health Department program helping children & teens make healthy choices through education, collaboration, and empowerment. Project Worth is leading the DreamSA initiative and is responsible for recruiting and engaging the DreamSA Teen Ambassadors.

What is the mission of a DreamSA?

- The mission of DreamSA is to educate, connect, and empower youth in San Antonio to reach their dreams.

Benefits of being a DreamSA Teen Ambassador:

- School and community involvement
- Skill builder:
 - Leadership
 - Mentoring
 - Public speaking
 - Communication
- Resume builder
- Enhance scholarship opportunities
- Training on teen health topics, civic engagement, and community programming
- Opportunities to attend special events with community agencies and elected officials
- Recognition as a DreamSA Teen Ambassador at community events

Interested students will:

- Return their completed application with parental consent to Project Worth.
- Undergo selection process with potential interview.
- Be notified of whether or not they were selected for the initiative.

Selected DreamSA Teen Ambassador will demonstrate most of the following:

- Time commitment to the initiative
- Academic achievement (C average or better)
- Goal of getting an education beyond high school (trade/associate/bachelor's, etc.)
- Leadership in school and extracurricular activities (but not necessary)
- Active on campus (but not necessary)
- Few disciplinary referrals

Responsibilities/duties of selected DreamSA Teen Ambassador:

- Receive orientation to the initiative.
- Involvement in DreamSA content development and messaging.
- Will be expected to promote DreamSA with their peers via social media and public events/fairs.
- Will be expected to attend most press conferences and other related events. A few activities are during the day (1 to 2 hours per event) but most related activities are after-school.

Parental consent for participation

- During recruitment, teens who pick up an application will also receive a parental consent form. You must obtain parent/guardian permission to participate as a Teen Ambassador. The parental consent form must be turned in with your application to Project Worth.

DreamSA Teen Ambassadors are...

- Leaders ● Educators ● Involved
- Role Models ● Mentors

Are You Ready to be a DreamSA Teen Ambassador?



****For more information, please call Project Worth at 207-8850****



Teen Ambassador APPLICATION

Name: _____ Age: _____

School: _____ Grade level: _____

Are your grades above a C average **Yes /No**

What are your plans after High School? _____

List any school extracurricular activities (like sports & clubs) and or community volunteer activities you participate in:

1. _____
2. _____
3. _____
4. _____

After reading the DreamSA Teen handout, what makes you qualified to be a DreamSA Teen Ambassador for our initiative?

Being a DreamSA Teen Ambassador takes personal and time commitment...

Will you able to participate in DreamSA events after school hours?	_____ Yes _____ No
Are you comfortable with public speaking?	_____ Yes _____ No
Are you comfortable talking to classmates you don't know?	_____ Yes _____ No
With parent permission, are you willing to have your photo taken or be video recorded for initiative purposes?	_____ Yes _____ No
Would you be comfortable discussing the DreamSA initiative with your friends and other students?	_____ Yes _____ No
If we train you on teen engagement topics, such as health, education, volunteerism, arts, and careers, would you be comfortable discussing these topics with your friends and other students?	_____ Yes _____ No

How would your friends describe you? _____

How would your teachers describe you? _____



Parent Handout

What is the **DreamSA** Initiative? www.idreamsa.com

- DreamSA is an initiative that connects San Antonio teens to community resources to help them reach their dreams (goals).
- Target areas include Careers, Higher Education, Volunteering, Arts, and Health and Well-being.
- For youth between the ages of 12-19 in San Antonio.

Who is involved in **DreamSA**?

- This initiative brings together a variety of community-based resources and enrichment programs to strengthen youth developmental progress. Currently over 40 community-based programs, services, and organizations throughout San Antonio are involved in the DreamSA initiative.

What is **Project Worth**? www.sanantonio.gov/projectworth

- Project Worth is a City of San Antonio, Metro Health Department program helping children & teens make healthy choices through education, collaboration, and empowerment. Project Worth is leading the DreamSA initiative and is responsible for recruiting and engaging the DreamSA Teen Ambassadors.

What is the mission of a **DreamSA** Teen Ambassador?

- The mission of a DreamSA Teen Ambassador is to educate, connect, and empower their peers in San Antonio to reach their dreams and goals.

Responsibilities/duties of selected **DreamSA** Teen Ambassador:

- Receive orientation to the initiative.
- Involvement in DreamSA content development and messaging.
- Will be expected to promote DreamSA with their peers via social media and public events/fairs.
- Will be expected to attend most press conferences and other related events. A few activities are during the day (1 to 2 hours per event) but most related activities are after-school.

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Parent/Guardian Consent Form

Student's Name: _____
School: _____ **Grade:** _____
Address: _____
Zip Code: _____ **Teen (optional) & Parent Phone #:** _____

Your son/daughter is interested in becoming a *DreamSA Teen Ambassador*. Teens **must** obtain parental/guardian consent prior to turning in their application to Project Worth.

If selected, their participation would begin immediately and continue thru January of the following year. Teen Ambassadors could be asked to serve beyond one year, if they remain active with the initiative and would like to do so. Should a DreamSA Teen Ambassador no longer want to participate, they should contact Project Worth about their decision not to continue as an Ambassador.

____ **Yes**, I give my son/daughter permission to go through the selection process to become a DreamSA Teen Ambassador. I understand if he/she is selected as a DreamSA Teen Ambassador he/she, with my support, will be completing/fulfilling the aforementioned responsibilities listed in the DreamSA Teen Ambassador Parent Handout. I also understand that my son/daughter may not be selected for the initiative.

____ **No**, I do not give permission for my son/daughter to participate.

Parent/Guardian Name (Please Print): _____ Date: _____

Signature: _____

Please return this form with application to

Project Worth

Attn: Meredith Howe

515 Castroville Road. Ste. 101

San Antonio, TX 78237

Applications can be scanned and emailed to: meredith.howe@sanantonio.gov

****For more information, please call Project Worth at 207-8850****